

**Wednesday 16th
July**

Practitioner Network meeting



**Southampton
Smokefree
Solutions**

Supporting local health
and care providers

10am	Welcome & Introductions
10.15 – 10.30am	Southampton Smokefree Solutions update
10.30 – 11am	Guest Speaker: Gavin Derrick, Service Manager - Environmental Health and Trading Standards, Southampton City Council
11am -11.30am	Open discussion

Training

Level 2 Stop Smoking Practitioner Training

Interactive, skills based

Friday 12th September

Friday 7th November

9am – 4.30pm via MS Teams

Level 2 Stop Smoking Practitioner

This is the basic qualification to deliver the stop smoking intervention

- Interactive training
- Concentrates on skills required to deliver the smoking cessation service
- 1 day

Builds upon the NCSCT practitioner training which can be accessed at: <https://elearning.ncsct.co.uk/england>

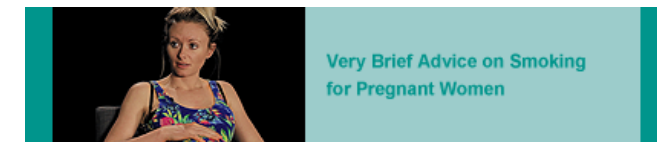
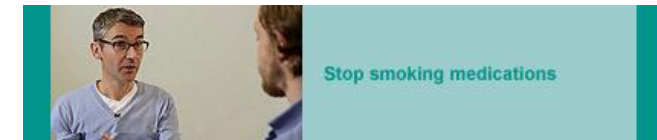
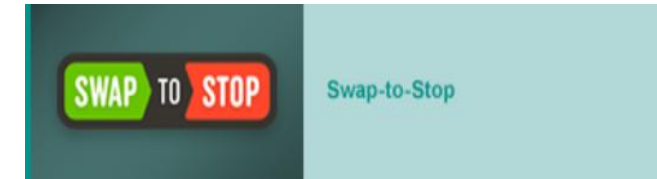
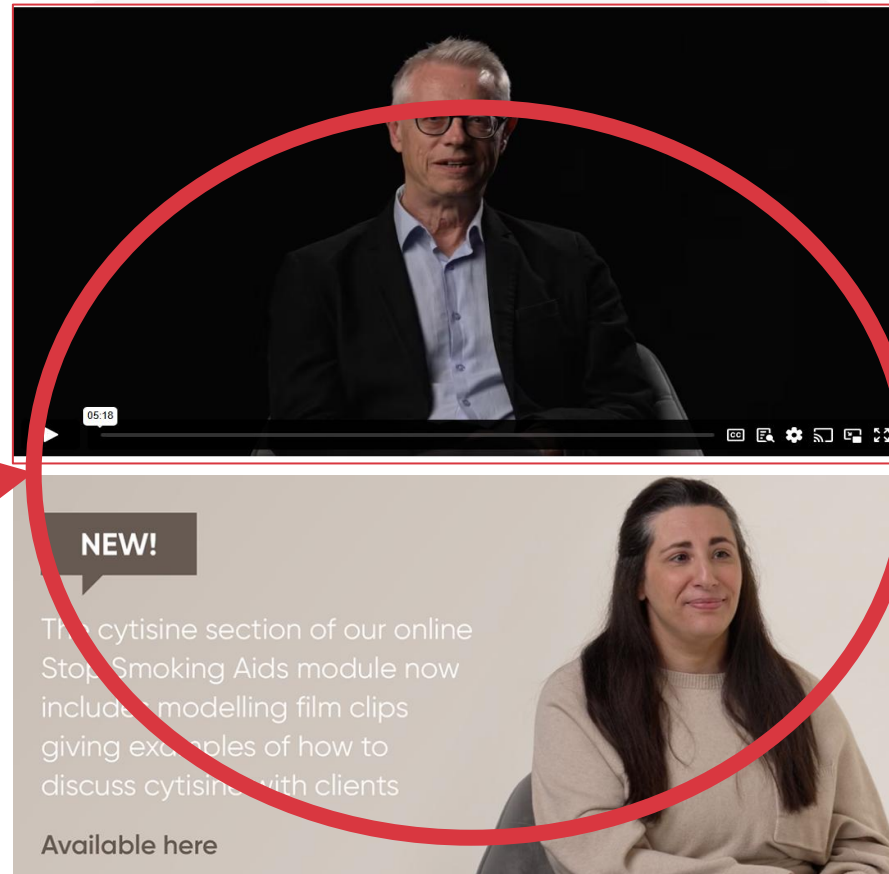
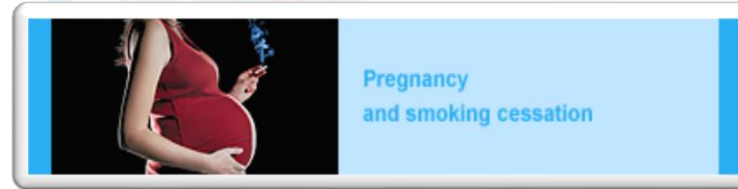
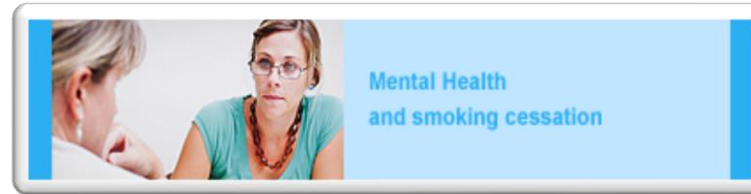
1. Practitioner Training: Core competences in helping people stop smoking (Learning element)
2. Assessment of core knowledge and key practice skills (Assessment)

NCSCT

<https://elearning.ncsct.co.uk/england>

NEW

Specialty & Additional Modules



Masterclass

*1 hour short interactive sessions
designed to update and share
knowledge*

- **17th July: Smoking cessation and pregnancy**
- **24th July: Smoking cessation and mental health**

1 – 2pm via Teams

Interactive, informal bite sized sessions to keep you updated

You will automatically be sent the link

Look out for the next series in September!

Practitioner Update



Wednesday 24th September 7pm – 9pm



Friday 3rd October 9.30am – 12noon



Monday 17th November 2pm – 4.30pm



Thursday 4th December 7pm – 9pm

Very Brief Advice (VBA) training

VBA encourages those who come into contact with smokers to confidently ask smoking status, advise on support available locally and act by referral to stop smoking support.

Monday 22nd September 1.30pm – 4.30pm
Wednesday 26th November 9.30am – 12.30pm

Open to all staff in all organisations.



Excellent refresher
about supporting
women to stop
smoking

Really useful training
which has given me
more confidence in
guiding women to
support

Very good to have an
update and
appreciate the
refresher

The trainer was
excellent Very
informative training
that will benefit many
through patient
interactions

Training was very
interactive so find
everything to be
useful

Thank you it was
great

This session was
brilliant-thank you.
Topical, current and
thought provoking

Very good thank you !

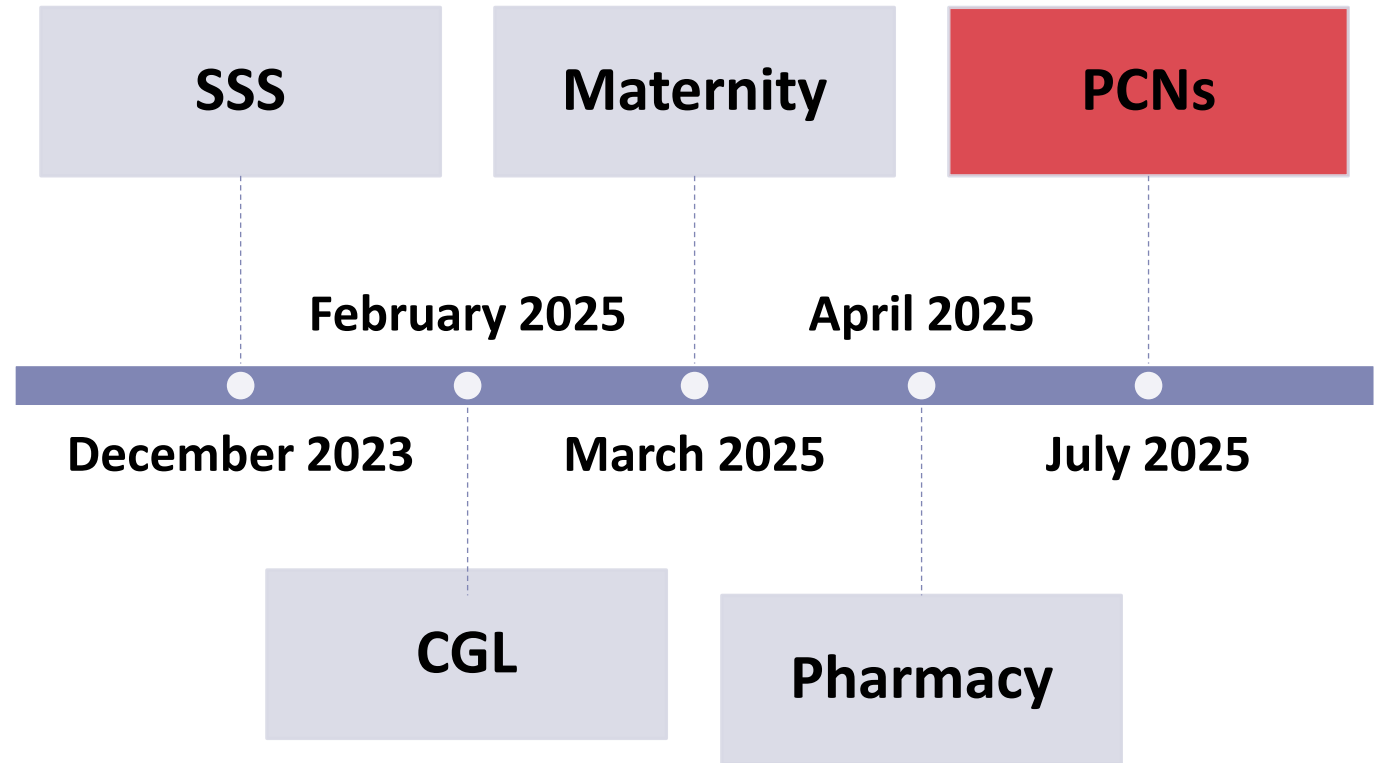
The trainer was a
highly
knowledgeable,
likeable person, who
always comes across
really well

Very useful and
informative

Thank you very
interesting meeting

Refresher training is
essential to update
on ever changing
medication and
practices

Swap to Stop in Southampton: Organisations



Swap to Stop



Behavioural support must be provided alongside the vape starter pack



Everyone on S2S must be followed up at 4 weeks post QD



Remember you will need to keep record of who has a vape on your internal system (internal audit)



You will need to complete the additional column in the excel spreadsheet for reporting



1 vape starter kit per patient



To be offered as an alternative to NRT/ V or C



Only for patients (18+) wishing to quit cigarette smoking

Resources:

NCSCT briefing – Vaping: a guide for health and social care professionals

Vaping: a guide for healthcare professionals online training module

NCSCT: Swap to Stop



Champix is back!!

There is no difference between the Champix Summary of Product Characteristics (SPC) and the ones for generic varenicline. The SPCs are where you can find all the information on usage, side effects, and drug interactions of varenicline - and they are essential reading.

<https://www.medicines.org.uk/emc/product/13451/smpc#gref>

<http://www.medicines.org.uk/emc/product/7944/smpc#gref>

<http://www.medicines.org.uk/emc/product/266/smpc#gref>

<https://www.ncsct.co.uk/library/view/pdf/Wave-Pharma-Varenicline-0-5mg-and-1mg.pdf>

<https://www.ncsct.co.uk/library/view/pdf/Brown-and-Burke-Varenicline-1mg.pdf>

<https://www.ncsct.co.uk/library/view/pdf/Brown-and-Burke-Varenicline-0-5mg-and-1mg.pdf>

<https://www.ncsct.co.uk/library/view/pdf/Wave-Pharma-Varenicline-0-5mg.pdf>

<https://www.ncsct.co.uk/library/view/pdf/Wave-Pharma-Varenicline-0-5mg.pdf>



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0800 999 1485



For further information please get in touch

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Southampton.smokefreesolutions@nhs.net



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