

Varenicline: Simple dosing guide

Varenicline reduces the reward of smoking and the craving to smoke.¹

Stopping smoking can be difficult. Taking varenicline is simple but it's important to know that the dose increases over a typical 12-week course.¹

Three-step increase in dose:



- Varenicline **0.5 mg** is a white oval tablet
- Varenicline **1 mg** is a light blue oval tablet
- Tablets to be swallowed whole with water - with or without food
- Ideally, tablets should be taken at the same time each day

Dosing timetable:

When you begin taking varenicline, set a smoking stop day within week 2

	Week 1							Week 2						
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	0.5 mg	0.5 mg	0.5 mg	0.5 mg	0.5 mg	0.5 mg	0.5 mg	1 mg	1 mg	1 mg	1 mg	1 mg	1 mg	1 mg
	X	X	X	0.5 mg	0.5 mg	0.5 mg	0.5 mg	1 mg	1 mg	1 mg	1 mg	1 mg	1 mg	1 mg

Patent repeats for weeks 3-12

Adverse events should be reported. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard.
Adverse events should also be reported to Teva UK Limited on 0207 540 7117 or medinfo@teva.com