



Welcome to our Newsletter for Stop Smoking Practitioners in Southampton



Training

Practitioner training for new staff who would like to deliver the evidence-based stop smoking intervention.

- Mandatory Practitioner Training: Core competences in helping people stop smoking (Learning element) can be accessed <https://elearning.ncsct.co.uk/england>
- Assessment of core knowledge and key practice skills (Assessment)

This can take around 7 hours to complete but does not have to be accessed all at once.

Optional Practitioner Interactive Skills training via MS Teams:

- Wednesday 25th September 9am to 4.30pm
- Wednesday 13th November 9am to 4.30pm

Practitioner Update training for anyone who is delivering an evidence based smoking cessation intervention. It is recommended to attend one of these sessions annually

- Tuesday 1st October 10am to 12.30pm

Very Brief Advice (VBA) training encourages those who come into contact with smokers to confidently ask smoking status, advise on the most effective way to quit and act by referral to local stop smoking services.

CPD accredited Very Brief Advice (VBA) via MS Teams:

- Tuesday 1st October 6pm to 9pm
- Thursday 14th November 9.30am to 12.30pm

Bespoke sessions available to your teams. Training can be booked here:

<https://form.jotform.com/222122139902345>

Masterclass training (Thursday at 1pm to 2pm) for anyone who is delivering a stop smoking service. These interactive, informal sessions are on different topics designed to provide information, provoke thought and promote discussion. No booking is necessary – you will automatically receive an invite via MS Teams.

- 1st August: Cytisine
- 5th September: Cytisine
- 12th September: Swap to Stop
- 19th September: Vaping
- 10th October: NRT
- 24th October: Behavioural Support



Swap to stop

Swap to stop is the new government initiative to help smokers quit cigarettes by switching to vapes. Currently in Southampton, we have 2 projects underway; the first with people who are experiencing homelessness and drugs and alcohol misuse and the second amongst SCC staff. Smokers signing up to this receive a vape starter kit and e-liquid plus behavioural support. More information will be coming soon about this.



Pharmacy support

The following pharmacies are delivering the stop smoking service – this is a stand-alone service where behavioural support plus pharmacotherapy is available.

- **Bassett Pharmacy**, 19 Burgess Road, SO16 7AP - 023 9078 1413
- ***Bassil Pharmacy**, 55A Bedford Place, SO15 2DT - 023 8032 2458 (Polish, Hindi, Romanian, Arabic, French, Urdu, Spanish, Somali languages available)
- **Bitterne Pharmacy**, 62A West End Road, SO18 6TG - 023 8043 4849
- **Burgess Road Pharmacy**, 357A Burgess Road, SO16 3BD - 023 8067 9991
- **Highfield Pharmacy**, 29 University Road, SO17 1TL - 023 8058 2482
- **Lordswood Day Lewis**, 398 Coxford Road, SO17 2NF - 023 8055 3673
- ***Millbrook Pharmacy**, 168 Windermere Avenue, SO16 9GA - 023 80 774786 (Polish language available)
- **Nightingale Pharmacy**, 67 New Road, Nettleby Abbey, SO31 5BN - 02381 782 844
- ***Pharmacy Direct**, 18 Commercial Street, SO18 6LW - 023 8044 0593 (Romanian language available)
- **Portswood Day Lewis**, 195 Portswood Road, SO17 2NF - 023 8055 3573
- **Regents Park Pharmacy**, 61 Regents Park Road, SO15 8PF - 023 8077 1286

- **Sangha Pharmacy**, 48 Thornhill Park Road, SO18 5TQ - 023 8046 2333
- ***Shirley Pharmacy**, 17 Grove Road, SO15 3HH - 023 8078 9626 (Urdu, Russian, Latvian, Punjabi language available)
- **Superdrug Woolston**, 15/17 Victoria Road, SO19 9DY - 023 8044 2753
- **Telephone House Pharmacy**, 71 High Street, SO14 2NW – 023 8083 9200



New data requirements

From 1st April 2024 there are significant upcoming changes to the NHS England Stop Smoking data submission process, announced by NHS England which will affect your service delivery.

Key Changes:

Effective 1st April 2024, modifications will be necessary to your data collection templates to accommodate updated data submission requirements in the following categories:

- Gender
- Treatment type
- Intervention type

Additionally, NHS England has introduced new fields to be included in your service template:

- Referral into service
- Sexual orientation
- Swap to Stop

The new NHS Digital spreadsheet and also the 'simpler' spreadsheet has been sent to data leads – please get in touch for further clarification of necessary.



Practitioner network meetings

These are informal, friendly meetings for anyone who is delivering a stop smoking intervention in Southampton City where we share best practice, provide updates and support each other. The meetings are delivered by MS Teams for your convenience and the upcoming dates are:

- Wednesday 24th July 10am – 11.30am
- Thursday 26th September 10am – 11.30am



Data Summary 2023/2024

Thank you to all organisations who submitted smoking cessation data over the last year. All data is combined and submitted as a Southampton City wide submission. This data is then used to inform future funding and national evaluation. The data for the entire year 2023/24 is listed below.

SAQD	4WQ	%
1,665	678	41%

If you would like any support with data submission please get in touch.



Spotlight on Burgess Road Pharmacy



Simi says “I really enjoy the patient interaction and building a report. This role is at its best when that is strong as we can both enjoy the success. A lot of the time patients identify barriers and between us we come up with solutions. When this works out its very satisfying and I feel I’ve made a difference.”

Contact us

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