



**Southampton
Smokefree
Solutions**

PHARMOUTCOMES: CHANGE OF SMOKING CESSATION SERVICE FORMS

As you will be aware, the new forms on PharmOutcomes for the Pharmacy smoking cessation service have been implemented.

Please use the new forms for any patients who sign up to the service on or after the 22nd May and please continue to use the existing forms for patients who are already in the system and going through their quit journey.

- **The name of the old service on PharmOutcomes is called: Smoking Cessation**
- **The name of the new service is called: Smoking Cessation 1st May 2023**

TOP TIPS

- NRT is free to all
- Clients who would like to purchase their own vape as a stop smoking aid can still be signed up to this service and provided with behavioural support > please tick 'unlicensed nicotine containing product' in the 'Agreed Support' box on the registration template
- If possible, give the client an appointment – they are more likely to turn up
- If possible, call the client if they DNA – you may be able to get an outcome
- Remember to encourage 'complete abstinence' - smokers are more likely to quit completely this way

TRAINING



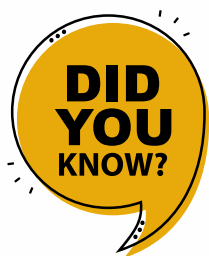
LEVEL 2 PRACTITIONER MANDATORY TRAINING

The online NCSCT practitioner course can be accessed at:

<https://elearning.ncsct.co.uk/england>

- a. Practitioner Training: Core competences in helping people stop smoking (Learning element)
- b. Assessment of core knowledge and key practice skills (Assessment)

Backfill payment will be offered for up to 7 hours for staff members to complete online training



Anyone can become a stop smoking practitioner who works in a community pharmacy (not just the Pharmacist)

Stop Smoking Practitioner skills based, interactive training via MS Teams which compliments the NCSCT training is available free of charge on the following dates:

- 21st July
- 29th September



ALL TRAINING IS FREE

CONTACT US

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CPD SESSIONS

These 'Masterclass' sessions are informal, interactive lunchtime meetings at 1-2pm via MS Teams

- 13th June: Smoking cessation & mental health
- 20th June: Managing expectations.
- 27th June: behavioural support
- 11th July: Relapse prevention

You will be automatically sent the link via email so feel free to join if you're able to

THANK YOU

Between 1st April 2022 - 31st March 2023 **111** people quit smoking at 4 weeks with Pharmacies in Southampton



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