

Statement on Cytisine for Stop Smoking Practitioners in Southampton City

Following recent enquiries about the unlicensed product Cytisine, we have sought advice and suggest this interim local position, pending further national guidance expected later this year.

When asked about the use of Cytisine, we recommend that health and social care professionals in general, and stop smoking practitioners specifically, respond as follows:

“Cytisine is not licensed in the UK. Should patients choose to obtain and use cytisine, all we can do is recommend the patient always follows the manufacturer’s instructions, including people who should not use it, and report any adverse events to MHRA via <https://yellowcard.mhra.gov.uk/>. As Stop Smoking Practitioners we cannot recommend any unlicensed product. We have other products that we can recommend that are effective in helping people to stop smoking.”

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